

*A TRIP TO CAMP CISAME  
2 days & 1 night or 3 days & 2 nights  
(UPSTREAM FROM REGINA)*



*Guyane Evasion*

Degrad des Cannes – 97354 Remire Montjoly (French Guiana)

Phone: (+00 594) 5 94 29 41 64 / Mobile: (+00 594) 6 94 38 23 61

Website: [www.guyane-evasion.com](http://www.guyane-evasion.com) / Email: [info@guyane-evasion.com](mailto:info@guyane-evasion.com)

## TRIP SCHEDULE

### STANDARD STAY PACKAGE (2 days or 3 days)



#### DAY 1

**9.00am** – Gathering at our Régina landing stage to board a pirogue (dugout canoe) and motor up the Approuague River to Camp Cisame (boat trip lasting an hour and a half).  
 Late morning arrival at Camp Cisame (camp tour, hammock-slinging techniques...etc.).  
 A welcome drink will be served.  
 Campsite lunch with local cuisine (beverages included).

**3.30pm** – Short trek in the forest (about a half-mile) to reach the upstream edge of the river.  
 Swimming downstream with life jackets and a supervision canoe ready to help.  
 Your guide will then initiate you to gold panning with a buddle (special sieve).  
 Late afternoon return to camp, evening drink and dinner (beverages included). Then off to bed in your hammock!

#### DAY 2

**7.30am** – Campsite breakfast.  
**9.00am** – Forest march (2 hours' trekking along a botanical footpath)  
 A specialist guide will walk along and provide information about the encountered fauna, plants and medicinal herbs.  
 Then back to camp for an aperitif and lunch with local cuisine (drinks included).  
**3.00pm** – If you opted for a 2-day package, you'll board your return-trip pirogue back to Régina (arrival around 5pm).  
 Otherwise, free time until your evening aperitif and dinner (drinks included)—followed by a second night in your hammock.

#### DAY 3

**7.30am** – Campsite breakfast.  
 Free time to enjoy camp facilities.  
 Campsite lunch.  
**3.30pm** – A return-trip pirogue will take you back to Régina (arrival around 5pm).

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### SPECIAL OPTION: VIP CARBET LODGE (2 days or 3 days)



Camp Cisame includes a traditional little forest lodge or "carbet" for even more authenticity—and luxury. It provides premium service with the following features: WC and shower, private kitchen, double bed, lounge corner and a terrace with a fine forest view.

We can also provide an exclusive fly-in service to Camp Cisame with your private helicopter (available on request).

Your 2-day/3-day trip schedule remains standard.

Camp Cisame's VIP carbet lodge can accommodate up to 4 guests (1 double bed and 2 hammocks).

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## GROUP COHESION STAY (2 days)



### DAY 1 – COHESION COURSE

**9.00am** – Gathering at our Régina landing stage to board a pirogue (dugout canoe) and motor up the Approuague River to Camp Cisame (boat trip lasting an hour and a half). A break will be taken en route for drinks (non-alcoholic beverages).  
 Late morning arrival at Camp Cisame (camp tour, hammock-slinging techniques...etc.).  
 A welcome drink will be served at the "Palabre" carbet lodge.  
 Campsite lunch with local cuisine (beverages included).

**2.00pm** – Your cohesion course begins with a half-mile forest trek; each team must then build a bamboo raft and paddle across the Approuague River (with life jackets and a supervision canoe ready to help). Further forest trekking follows (ca. 500 yards) and you'll have to cross the river again using a "monkey bridge", i.e. 50 yards of paddling and pulling along a tightrope across the water (still safe with life jackets and supervisors near at hand). Final dare: taste worms for the trunks of Moriche palm trees (*Mauritia flexuosa*)—certified fit for human consumption.  
 Late afternoon return to camp for an aperitif and dinner (drinks included). Then off to bed in your hammock!

### DAY 2 – OBSTACLE RACE

**8.00am** – Campsite breakfast.

**9.00am** – Obstacle race on the river islet opposite Camp Cisame. This will include several types of mud crawling, hurdles, rope climbing, etc. Return to campsite will be performed on pirogues manned by the teams themselves (1.2 mile of paddling!).  
 Campsite aperitif and lunch (drinks included).

**3.30pm** – A return-trip pirogue will take you back to Régina.

**5.00pm** – Back in Régina.

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## GRAND MACHICOU RAPIDS (3 days)



### DAY 1 – GRAND MACHICOU CAMP

**9.00am** – Gathering at our Régina landing stage to board a pirogue (dugout canoe) and motor up the Approuague River to Camp Cisame (boat trip lasting an hour and a half). A break will be taken en route for drinks (non-alcoholic beverages).

Late morning arrival at Camp Cisame (camp tour, hammock-slinging techniques...etc.).

A welcome drink will be served at the "Palabre" carbet lodge.

Campsite lunch with local cuisine (beverages included).

**2.00pm** – Upstream pirogue trip to the Grand Machicou rapids (lasting 3 hours). A break will be taken en route for drinks (non-alcoholic beverages).

**7.00pm** – Arrival on site. You'll strike camp for the overnight bivouac near the "Saut Grand Machicou" river falls (hammock slinging, tarpaulin tents, safety rules, etc.). Campsite aperitif and dinner. Then off to bed in your hammock!

### DAY 2 – FOREST TREK & FISHING

**7.30am** – Campsite breakfast.

Morning visit to the "Saut Grand Machicou" and river swimming.

Aperitif and lunch at the site.

Afternoon forest trek along a botanical footpath (3 hours).

Late afternoon laying of river nets and Aimara fish traps.

Campsite aperitif and dinner. Another night in your hammock.

### DAY 3 – RETURN TO CAMP CISAME / GOLD PANNING

**7.30am** – Campsite breakfast.

Morning pirogue trip to return to Camp Cisame.

Arrival and initiation to gold panning using a buddle (special sieve).

Campsite aperitif and lunch.

**3.30pm** – A return-trip pirogue will take you back to Régina (arrival around 5pm).

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Company Registration no. 821 184 413 00010 - "Atout France" Tourism Development Agency membership ref.: IM973160001  
**FINANCIAL GUARANTOR:** Schneider Securities Ltd., 4 / 4A BLOOMSBURY SQUARE, WC 1A-2RP LONDON  
**PROFESSIONAL INSURANCE:** GFA CARAIBES, 46 rue Ernest Deproge, 97200 Fort de France (Martinique) / E5515309

## PRICES

YOUR STAY	PER PERSON
<b>STANDARD STAY FOR 2 DAYS AND 1 NIGHT</b>	
Price per adult	€199.00
Price per child (3 to 10-year-olds (up to and incl.) with a max. 3 children per couple)	€55.00
Children under 3	FREE
Group price (with at least 10 price-paying adults)	€169.00
<b>STANDARD STAY FOR 3 DAYS AND 2 NIGHTS</b>	
Price per adult	€269.00
Price per child (3 to 10-year-olds (up to and incl.) with a max. 3 children per couple)	€99.00
Children under 3	FREE
Group price (with at least 10 price-paying adults)	€235.00
<b>GROUP COHESION STAY FOR 2 DAYS &amp; 1 NIGHT (MIN. 10 ADULTS. ALL MUST BE OLDER THAN 16)</b>	
Price per adult	€219.00
<b>GRAND MACHICOU RAPIDS (3 DAYS &amp; 2 NIGHTS)</b>	
Price per adult	€349.00
Price per child (3 to 10-year-olds (up to and incl.))	€175.00
Group price (with at least 10 price-paying adults)	€315.00
<b>VIP CARBET LODGE OPTION</b>	
Price per adult for 2 days & 1 night with full board	€230.00
Price per adult for 3 days & 2 nights with full board	€310.00
Fly-in helicopter service from Régina (min. 3 persons)	€250.00

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### What you need for your campsite stay

T-shirts – shorts – full-length trousers/pants or tracksuit for the night – hiking shoes (no open tops!) – water flask – socks – swimming trunks/swimsuit – large towel – sun hat or cap – waterproof jacket – sun cream – flashlight – toiletry bag.

### **Important:**

Nighttime sleeping takes place in "carbets" (traditional lodges on piles) where we supply hammocks, blankets and mosquito nets.

Camp Cisame provides WCs and communal showers.

You must provide your own life jackets for children under 3.

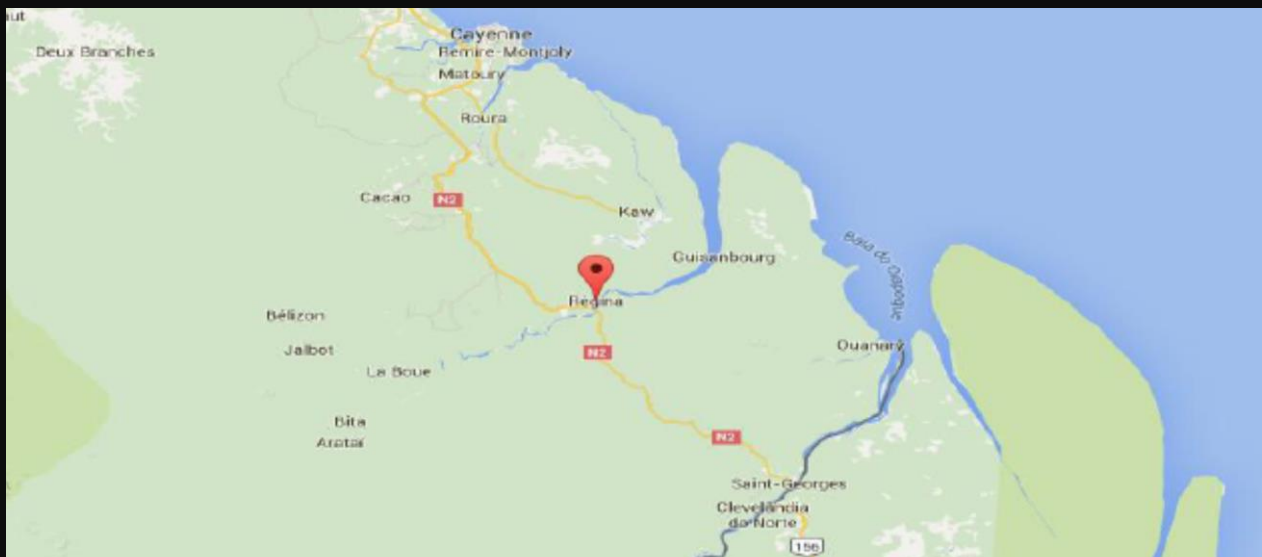
Canoes won't wait for latecomers beyond 15 minutes...

***There aren't any petrol/gas stations along the road to Régina—make sure you have a full tank on leaving Cayenne!***

Minivan shuttles from Cayenne can be arranged for both groups and individuals (price quotation on request).

## LOCATION MAP

A two-hour drive from Cayenne is required to meet for departure at our Régina landing stage.



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